



BREAKFAST

370 VIRGINIA STREET ● BUFFALO ● 14201

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Betty's is a Community Adventure by Simon Hall, Inc.

BREAKFAST

Tuesday thru Friday, 8:00 - 11:30

THE LUV SANDWICH

Canadian peameal bacon on a toasted bagel with cream cheese, sliced red onion, sprouts and tomato; served with Betty's home fries

..... \$8.75

EGG SANDWICH

one egg with cheese and tomato on a toasted bagel or bread of your choice

..... \$4.00

CHARLIE'S BREAKFAST BURRITO

flour tortilla stuffed with scrambled eggs, black beans, onions and peppers; topped with Monterey Jack cheese and served with Betty's home fries and salsa and sour cream

..... \$8.75

OMELETTE

three egg omelette served with Betty's home fries and your choice of toast
add any of the following . . . + \$.25 each
tomato, mushrooms, hot or sweet peppers, onions, spinach,
cheese (Monterey Jack, Feta, Swiss, provolone, cheddar),
add bacon, ham, or sausage . . . + \$.50

..... \$7.00

SCRAMBLED TOFU HASH

tofu fried with caramelized onions, sweet potatoes, roasted red peppers and black beans; served with grilled pita bread (vegan) or grilled corn bread and Betty's home fries

..... \$8.75

BASIC BREAKFAST

two eggs with toast and Betty's home fries

..... \$5.25

FRENCH TOAST

served with fruit and maple syrup

..... \$7.25

BUTTERMILK PANCAKES

served with fruit and maple syrup
plain . . . \$7.00
apples or bananas and nuts . . . \$7.50

BETTY'S GRANOLA

topped with fresh fruit and your choice of milk or yogurt (honey on request)

..... \$7.00

HOT CEREAL

cheese grits . . . \$3.25 with an egg on top . . . \$4.50
oatmeal . . . \$4.00 add nuts and raisins . . . \$4.50

FRUIT AND YOGURT

fresh mixed fruit bowl . . . \$5.50
yogurt with fresh fruit and honey . . . \$6.00
Mary's brown sugared broiled grapefruit . . . \$2.00

SPINACH POTATO PANCAKES

with homemade applesauce, sour cream and bacon
w/o bacon . . . \$6.75

..... \$9.00

SIDES & EXTRAS

| | | | |
|------------------------|------------|-------------------|------------|
| home fries | ... \$3.75 | salsa | ... \$.50 |
| bacon | ... \$2.50 | sour cream | ... \$.50 |
| peameal bacon | ... \$3.50 | cheese | ... \$.50 |
| Spar's link sausage | ... \$3.50 | scone | ... \$1.65 |
| Spar's thick cut bacon | ... \$3.50 | English muffiin | ... \$1.65 |
| ham | ... \$3.50 | toast | ... \$1.75 |
| yogurt | ... \$3.00 | bagel | ... \$1.75 |
| fruit | ... \$5.50 | with cream cheese | ... \$2.35 |
| Betty's granola | ... \$7.00 | grilled cornbread | ... \$1.75 |
| extra egg | ... \$1.00 | gluten-free toast | ... \$2.50 |
| egg whites substitute | ... \$1.50 | as a substitute | ... \$1.75 |

BEVERAGES

JUICE

| | |
|-----------------|------------|
| orange juice | ... \$2.00 |
| cranberry juice | ... \$2.00 |
| V-8 juice | ... \$2.00 |

MILK

| | |
|-------------------|------------|
| whole milk and 2% | ... \$1.60 |
| chocolate | ... \$1.75 |
| soy | ... \$1.75 |

Bottled Sodas

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|---------------------------|------------|
| Saranac Diet Root Beer | ... \$1.80 |
| Orangina | ... \$1.65 |
| Boylan's (when available) | ... \$1.85 |
| Cane Cola | |
| Diet Cane Cola | |
| Gingerale | |
| Creamy Red Birch Beer | |

OTHER COLD DRINKS

| | |
|---|------------|
| homemade, unsweetened ice tea (free refills) | ... \$2.15 |
| sweetened ice tea (free refills) | ... \$2.15 |
| Pellegrino (10 oz.) | ... \$1.75 |

HOT BEVERAGES

| | |
|---|------------|
| coffee, regular or decaf (free refills) | ... \$2.35 |
| regular and decaf tea | ... \$1.50 |
| assorted specialty teas | ... \$1.50 |
| hot cocoa | ... \$1.75 |
| hot cider | ... \$2.00 |

Fountain Drinks

| | |
|-------------------------|------------|
| Johnnie Ryan Cola | ... \$2.00 |
| Johnnie Ryan Diet Cola | ... \$2.00 |
| Johnnie Ryan Loganberry | ... \$2.00 |
| Johnnie Ryan Gingerale | ... \$2.00 |
| Lemon Up | ... \$2.00 |
| Tonic | ... \$2.00 |
| Club Soda | ... \$2.00 |

Truvia and Agave Syrup on Request

WE ARE GLAD YOU ARE HERE!

Please take note of and observe the following guidelines:

We may not be able to customize your order during busy times.

Please refrain from using a cell phone at your table. If you must use your cell phone while you are here, please move into an area away from other guests.

We reserve the right to not issue separate checks for parties of 5 or more.

We reserve the right to add 20% gratuity on the pre-tax total for parties of 6 or more.

There is a \$3.00 plate charge for split orders.

We accept Master Card and Visa only.

We will not process credit or debit purchases under \$10.00.

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